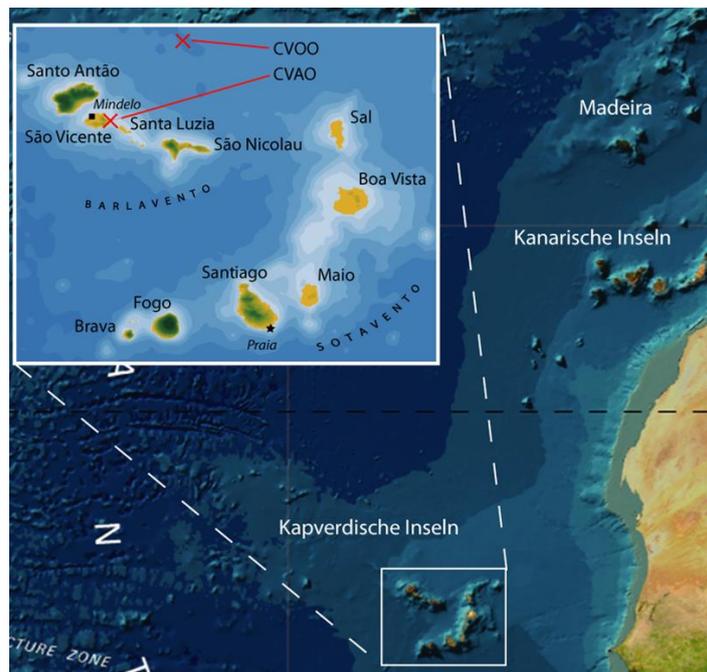




TRAVEL INFORMATION SHEET

MINDELO – CABO VERDE



GENERAL INFORMATION ON INTERNATIONAL WORKSHOP

Meeting Venue: OSCM - Ocean Science Centre Mindelo & INDP – Instituto Nacional de Desenvolvimento das Pescas, Cova de Inglesa, C.P. 132, Mindelo, Island of São Vicente, Republic of Cabo Verde

Scheduled days: Nov 12th to 17nd, 2017

LOGISTICAL INFORMATION

Visa:

- Participants of ECOWAS or PALOP member states do not need a visa for entering Cabo Verde, unless you travel via Lisbon and may need a transit visa.
- Participants from other countries of Africa, the EU, US, CAN, BRA: Please note that a visa is required for entering the country. Your passport must have a validity of six months subsequent to the day of departure. If you have not managed to obtain a visa, usually you have the possibility to buy a visa at the airport upon entering the country for 25 euros. However, this is no guarantee and participants are requested to countercheck with their nearest consulate or embassy.



Currency & Payment

The Cabo Verdean Escudo (CVE) is the official national currency with coupled fixed exchange rate with the Euro (1 € = 110,265 \$). VISA and MasterCard are accepted in many place in Cabo Verde and where displayed an emblem at the entrance. There are ATMs at the airport and in the city centre. For payment of taxi rides it is best is to have local currency (CVE), which you can get it at an ATM at the airport, but EUR is accepted as well, notes/bills only - change is given in CVE. Unfortunately, CFA or US Dollars are not accepted in most cases. The fixed exchange rate of Euro to Cabo Verdean Escudo is 1:100,265 . But this calculation cannot be applied in taxis, you just take 1:100. Meaning if you pay in Euros: fixed tariff at night = 1000\$00 CVE (= 10 Euros)

Arriving by plane:

- Airport destination: Cesária Evora International Airport (VXE) on the Island of São Vicente, Rep. of Cabo Verde: http://en.wikipedia.org/wiki/Ces%C3%A1ria_%C3%89vora_Airport.
- For participants who obtained an air fare with GEOMAR, please note down the following address/telephone number of the travel agent to contact if a problem occurs with your connection and for immediate help. The travel agent provides a 24/7 service.

FIRST Business Travel

TUI Deutschland GmbH

Dr.-Julius-Leber-Str. 9-11

23552 Lübeck

Tel.: +49 451 498 996-0

Fax: +49 451 498 996-50

E-Mail: LUEBECK1@FIRST-BT.DE

Web: www.first-business-travel.de/luebeck1

Transportation:

- Hotel pick-up service from /to airport: MindelHotel offers a pick-up service from and to the airport. For all other guest we will provide a shuttle service with “Transmello Rent-A-Car”. Public transportation from the airport is not given, but taxis also common and easy accessible. If you should be lost at the airport and no one is there to pick you up, please take a taxi:
- Taxis: A common means of transportation is a usual taxi, easy recognizable by their white colour. The daily fare for a taxi ride is 150 CVE, the nightly fare is 200 CVE independent from the distances you take as long as remaining in the city of Mindelo. A taxi fare at daytime from the airport is 900 CVE, at night it is 1000 CVE.
- Please find some taxi drivers and their numbers who have been collaborating with us and who will take you safely :



Nome	Telefone
Jorge	(+238) 993 55 79
Djone	(+238) 981 25 39
Nais	(+238) 983 68 33
Adilson	(+238) 993 23 99
Domingos	(+238) 997 81 07
Mali	(+238) 995 43 50
Curica (night)	(+238) 993 27 53

- Public transport: Public transport, consisting of small busses, is available and very cheap but usually limited to Mindelo. Only during weekends in the summer busses will go to Calhau and Baía das Gatas.
- Aluguer: For trips over the Island, minibuses or communal taxis called “Aluguer” can be booked with up to 8 people. Prices depend on the time and distances and need to be fixed with the driver before beginning the tour. Aluguers can be found at Praça Estrela in Mindelo:
<https://plus.google.com/105833915972695342034/about?gl=de&hl=de>

Accommodation:

Reservations have been made at several hotels from Nov 11th to 19th in the city centre of Mindelo about 10 to 15 minutes walking distance from the international workshop venue at OSCM and INDP. All hotels prices include breakfast, free and wireless internet. Tourist tax is 2.00 € per person per night, but was included in most cases as well.

1. Don Paco Hotel - <http://www.donpacohotel.com/en/>
2. MindelHotel - <http://www.oasisatlantico.com/en/portogrande/>
3. Casa Café Mindelo - <http://www.casacolonial.info/>
4. Moreno’s Boutique Hotel - <https://www.bedandbreakfast.eu/bed-and-breakfast/mindelo/morenos-boutique-hotel/2822404/>
5. Casa Branca - <http://casabrancahotel.com/>
6. Terra Lodge - <http://www.terra-lodge.net/>
7. Foya Branca Resort Hotel - <https://www.capeverde.co.uk/foya-branca-hotel>

Meals:

If not provided for during the conference, please find the following information:

- Breakfast is usually included with your hotel reservation. There are some places that already open in the morning hours around 09:00 am that also offer breakfast (i.e. Café Mindelo, Dokas etc.).
- For lunch, you’ll find some smaller restaurants close by or a good variety in the city centre.
- For dinner, we recommend various restaurants in Mindelo. Food is fresh and not very costly (approx. 10.00 EUR).



HEALTH ISSUES

General info links:

Always take note of the travel warnings and advice provided on the website of the Ministry of Foreign Affairs of your home country, as for example:

- U.K. Foreign & Commonwealth Office: <https://www.gov.uk/foreign-travel-advice>
- U.S. Department of State: <http://travel.his.com/content/passports/english/alertswarnings.html>
- Canadian Department of Foreign Affairs and International Trade: <http://travel.gc.ca/travelling/advisories>
- German Federal Foreign Office: <http://www.auswaertiges-amt.de/DE/Laenderinformationen/00-SiHi/CaboVerdeSicherheit.html>

Vaccination

Most vaccinations for Cabo Verde are not obligatory, however vaccinations or an update of the usual childhood-diseases and hepatitis are recommended. If travelling from a yellow fever country, a certificate is required. Further information on health issues can be accessed via:

http://www.nathnac.org/ds/c_pages/country_page_CV.htm or at the German Federal Foreign Office: <http://www.auswaertiges-amt.de/DE/Laenderinformationen/00-SiHi/CaboVerdeSicherheit.html>. Always take your international certificate of vaccination.

Travel Insurance:

An Overseas-Travel Insurance, covering risks outside the European Union and eventually an emergency flight back home, is recommended. Standard mandatory health insurance contracts do not include those benefits.

Hygiene and water-borne diseases:

Standards in hotels are quite high and often European like. However, when travelling the first time, it is recommended to stick to the following basic rules when touring Mindelo or visiting restaurants:

- Wash hands
- Cook it or peel it
- Buy sealed bottled water for drinking
- Avoid ice cubes in soft drinks
- Carry a small travel pharmacy against gastrointestinal disorders

Sometimes salmonella infections can occur, the sources of which can be the local goat cheese “queijo di terra”, eggs, or meat not well done.



Malaria

Transmittance has until today not been reported for the Island of Sao Vicente, where Mindelo is located and where our International Workshop will take place. However, if you travel through the PRAIA, you should be informed and take precautionary measures. The German Federal Foreign Office recommends malaria vaccination or prophylaxis and the usual cautious measures for mosquito transmitted diseases. The Island of Santiago has been the only one reported with transmittance. The numbers of new infections for the month of October have significantly decreased (34) again as against in September (132), with a slight increase again during the last three days. If you stay at the airport or head directly to the hotel, the risk of transmittance is very low.

Zika Virus:

Occurrence has also been reported. Pregnant woman are advised not to travel to CV.

Swimming:

ONLY go swimming where locals are and never farther out than them!!! Cabo Verdean waters can be DANGEROUS! Mindelo city beach Laginha and Baia das Gatas are the only really "safe" waters on Sao Vicente Island. Never judge yourself stronger or smarter than the local people!!!

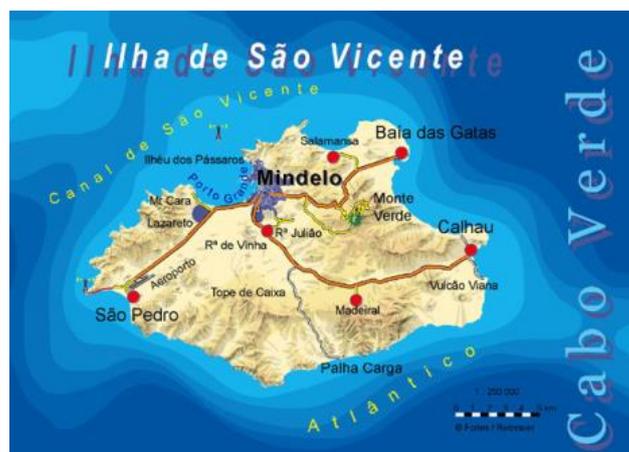
Petty Crime:

Most visits to Cape Verde are trouble-free, but you should take sensible precautions against petty crime. Don't display your jewelry or your newest media devices, high unemployment rate among the youth. An open door may tempt the saint.

SITE VISITS - Mindelo and the Island of São Vicente

A field trip with site visits to the Atmospheric Observatory and the RV Islandia will be offered during the International Workshop.

Please find a summary of interesting places in and around Mindelo and the Island of Sao Vicente, if you like to head out on your own:





City of Mindelo:



Fish market in Mindelo



Porto Grande Harbor and RV Islândia

Islands of São Vicente:



CVAO - Atmospheric Site at Calhau



Monte Verde Mountain, 750 m high, with a view to neighboring islands



Shrimp Farm in Calhau (Inauguration in 2018)



Santo Antão:



Neighboring Island of Santo Antão can be reached by ferry daily with a 50 minutes trip back and forth. The island is very attractive for hiking along the crater “Cova”.

FURTHER INFORMATION

Climate:

The archipelago has a semi-desert, sub-tropical mix of climates. The weather in Mindelo is generally dry and mild. In November the average day/night temperatures are 25°C/22°C (77°F/72°F). At night, a fresh breeze from the ocean may want you to put on a cardigan or a light pullover.

Voltage

In Cabo Verde the standard voltage is 230 V. The standard frequency is 50 Hz. The power sockets used are European Standard (Type C/F).

Contact Information

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- PREFACE: Mahaut De Vareilles – mahaut.vareilles@uib.no – Mobile number: +47 451 30 225